

Daily Learning Planner

Ideas parents can use to help children
do well in school.

Santa Rosa District Schools
ESE/Student Services



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Watch the sun rise and set with your child. Talk about how the Earth's movement makes the sun seem to rise in the east and set in the west.
- 2. Challenge everyone on math facts. Who can say the multiplication tables fastest?
- 3. Teach your child the meaning of *homographs*—words that are spelled the same but have different meanings, such as *bass* (fish or instrument).
- 4. Brainstorm ways your family could help beautify your neighborhood.
- 5. Watch TV with your child and ask, "Was that show realistic?"
- 6. Have your child listen to different types of music. Ask him to describe how each type makes him feel.
- 7. Ask your child to give you a "six o'clock report" about her day. She should pretend she's a news anchor.
- 8. Tell your child about the best and worst parts of your day. Ask about his.
- 9. Pick a category, such as animals. Then pick a letter, such as B. How many animals can your child think of that begin with that letter?
- 10. Talk to your child about people she admires. Ask why she admires them.
- 11. It's Humor Month. Visit the library and check out a book of jokes.
- 12. Have everyone tell a new joke at the dinner table.
- 13. Ask your child "what if" questions. "What if it never rained?" "What if everyone had the same name?"
- 14. Does your child know your state flower? If not, help him find it out.
- 15. Have your child review math facts by writing them on the sidewalk with chalk.
- 16. Help your child figure out the *perimeter* and *area* of her bedroom.
- 17. Encourage your child to write a letter or email to a friend.
- 18. Make today "Game Day." Everyone pick a favorite game for the family to play together.
- 19. Watch a new kind of TV program with your child, such as a sporting event or a nature show. Talk about what you learned.
- 20. Ask, "How many of your lifetimes has Grandma lived? Aunt Sue?"
- 21. Taste-test different types of apples with your child.
- 22. Start telling a story to your child. Have him write an ending for it.
- 23. Ask your child what she thinks the world will be like in 10 years.
- 24. Make a recording of math facts with your child.
- 25. Open an atlas and point to a country. With your child, figure out what time it is there.
- 26. Have your child use yarn to create two different shapes, each with five sides. Repeat with six or seven sides.
- 27. Take a "trip" to the Caribbean. Use books or a computer for research. What is life like for school children there?
- 28. Have your child write a poem or story from the point of view of a family pet.
- 29. Go on a map search through the newspaper. How many maps can your child find?
- 30. Challenge your child to draw an imaginary garden. How many different colors can he use?



Helping Children Learn
TIPS FAMILIES CAN USE TO HELP CHILDREN DO BETTER IN SCHOOL

